

# Wah-sha-shu (Sacred Water)

## Eagle Walk, Water Journey

'Wah-sha-shu' came as an inspiration from many directions and an image that has reoccurred in my vision many times, even since I was young. It first came to me when I looked up through a small opening in the clouds. In the opening began a waterfall that cascades down many levels until it hits a pool of water in front of me. I see the waterfall gifting the nature of the Sky to the Earth along with its journey.

Water is protected and governed by the Female Nations. It's counterpart air, is protected by the Male Nations. They are part of what creates the duality and polaric harmony on the plane of the Earthmother. In the painting 'Wah-sha-shu', the first waterfall is gifted by the Female Nation, the water guardians. It is the nature of plenty and the natural flows existing on the Earth as well as the waters of the Universe.

In this vision I saw the different levels and journeys we go through in a lifetime. I saw that along the way

different spirit helpers were there at needed times to assist our journey. These helpers exist for everyone but may appear much differently than the way it is portrayed in my painting, but in the spiritual realms, they are the same. I saw other planes of helpers represented by the waterfalls and the different animal spirits found in these levels. I saw an elk at one level, a giver of creation, and bear in another level. The bear reminds us of the strength we need and that strength may not only be found within ones journey of the physical world but also the needed help from the spiritual realms. The eagle in the shoreline carries it's polarity. The three tipis I saw as the lodge of mind, body and spirit.

These are small understandings of what are infinite in the native way of thinking. Further in this journey I saw a white buffalo and an eagle spirit at other levels. All existed in the waters of the Earthmother a gift that flowed from the sky through the magic of the Thiz-sho Nations, the Sky Cloud Nations. All is a gift of the magic of the Earth realm as we journey the nature of 'Wah-sha-shu' (Sacred Waters).

